Conservation Clips

FAIR WARNING – THERE’S A QUIZ AT THE END OF THIS ITEM: The Regulators – comprised of Division of Oil, Gas, and Geothermal Resources employees Annie Richardson, Ross Brunetti and Jon Iverson plus retiree Carolyn Bynum – did the DOC proud by finishing fifth among 28 teams in the 20th annual Santa Maria Kiwanis Trivia Contest.

“This year’s fifth-place finish was our best showing,” said Division Coastal District Deputy Pat Abel, who sponsors the team and is on-call to participate. “The team was proud of their results and they all pulled together, noting that each had their specialty and strength that they brought to the team.”

The Kiwanis Trivia Contest challenges teams of four to answer 50 questions correctly. The questions cover a wide variety of subjects, from sports to spelling to history to celebrities. The funds raised this year benefitted The Elimination Project, a global Kiwanis campaign to eliminate maternal and neonatal tetanus.

Here is a sample of the questions; if you get them all, Auntie Pat wants you on the team:

1. The company Nokia was founded in what country?
2. Name the only professional tennis player to win each of the 4 Grand Slam events four times?
3. In the classic 1963 film “The Great Escape,” what names were given to the three tunnels?
4. What single name is applied to Holy Roman Emperor Charles the Great?
5. What’s California’s one-word state motto?

See answers below.

DOC DOES ITS SHARE: A very respectable 42 percent of the Department’s employees (186, all...
told) pledged to contribute $30,340 to charities through the 2015 Our Promise campaign. Crina Chan of the Office of Governmental and Environmental Relations & Public Affairs Office and Mark Springer of DOGGR were the co-chairs of DOC’s drive.

**A WORKSHOP FOR EVERYONE:** The Employee Assistance Program (EAP) announced six new workshops during the month of April. Each workshop has been scheduled at a variety of locations. The workshops run about an hour each, are free, reservations are not required and seating is on a first come, first served basis. Staff must get supervisor’s approval when attending workshops during business hours. The workshops offered are:

**Bringing Out the Best in Others** – This presentation will focus on creating and recognizing individual assets. The skills used will bring out the best in you and enhance your relationships.

**Creating a Positive Outlook** – Some studies show personality traits, like optimism and pessimism, can affect many areas of your health and well-being. In this training, participants will learn and practice skills to help create a positive outlook.

**Employee Orientation** – This training is designed to familiarize employees and management with their EAP benefits, including their scope, purpose and value, as well as how to access services.

**Relation of Mind-Body Connection** – Learn to manage stress through the relaxation response.

**Supervisor Orientation** – Participants learn how EAP tools help supervisors and managers recognize and address problem performance and behavior in the workplace.

**Work-Life Satisfaction** - This seminar takes the emphasis off the unrealistic idea of balance and places it on finding satisfaction. Learn to create a satisfying personal and professional life.

For more information regarding these workshops, call 1-866-327-4762.

**A DIFFERENT TYPE OF WORKSHOP:** DOC will host a clinic on basic bicycle maintenance from noon-1 April 13 in the John Muir Room on the 20th floor of headquarters. Taught by certified cycling instructor Eric Navarro, the clinic is designed to help riders learn more about how to keep their bicycle in the best riding condition and how to make minor repairs when needed. Below is the information that will be shared, date, time and location. If you are interested in attending please **RSVP here**.

**TRIVIA ANSWERS:** 1) Finland; 2 Stefi Graf; 3) Tom, Dick, and Harry; 4) Charlemagne; 5) Eureka!

# Personnel moves

**Welcome New Hires**

- **David Battles**, Seismological Instrument Technician I, CGS; **Elizabeth Elliott**, Associate Governmental Program Analyst, DOGGR; **Nigatu Workneh**, Engineering Geologist, DOGGR; **Stephanie Tillquist**, Engineering Geologist, DOGGR; **Farl Grundy III**, Environmental Planner, DLRP; **Elena Davert**, Environmental Planner, DLRP; **Matthew Zimmerman**, Systems Software Specialist II/Tech, Enterprise Technology Services Division; **Monica Wilson-Pough**, SSM II (Sup) Admin/Human Resources.

**Separations**

- **Kit Lai**, ETSD